

Conference on

Modern Approaches to Diagnosis and Treatment of Sleep Problems in Children and Adolescents



8th April 2014
Crowne Plaza Birmingham
City Centre

Organised by:

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Limited spaces available

Modern Approaches to Diagnosis and Treatment of Sleep Problems in Children and Adolescents

About the conference

This year our one-day accredited meeting will be held on the 8th April 2014 at the Crowne Plaza Birmingham City Centre. We are pleased to offer an exciting programme provided by a number of national and international experts.

Sleep disorders are common in children and adolescents and are particularly frequent in the presence of disability or chronic illness. As many of the complications associated with sleep disorders are preventable, early diagnosis and appropriate treatment are vital.

This meeting will provide clinically oriented presentations highlighting modern-day principles of assessment and management of children and adolescents with sleep disorders. It will be of particular relevance to general paediatricians, paediatric neurologists, specialists in intellectual disability, child and adolescent psychiatrists, psychologists, primary care staff and others involved in child health, welfare and education.

The aim is to provide essential and up-to-date information on how to identify and effectively treat child and adolescent sleep disorders in order to improve patients' quality of life and that of their families.

The conference offers a variety of themes relating mainly to clinical practice, but is also relevant to research.

Plenary sessions will be interspersed with question and answer sessions and panel discussions. The meeting will provide a valuable opportunity to network, share knowledge and ideas, and consider collaborative projects.

Target Audience

Paediatricians and GPs, Trainees, Paediatric Neurologists, Paediatric Neuroscientists, Child Psychiatrists, Clinical Child Psychologists, Learning Disability Services, Paediatric Researchers, Paediatric Respiratory Clinicians or any other Child Healthcare Professionals with an interest in children's sleep disorders.

Programme

08.50 - 09.10 **Registration and refreshments**

09.10 - 09.20 Professor Gregory Stores

Chairman's welcome and brief overview

09.20 - 10.00 **Helping parents to prevent infant sleeping problems - using recent evidence to improve health service practice**

Professor Ian St James-Roberts,
Thomas Coram Research Unit Institute of Education, University of London

10.00 - 10.40 **Sleep and Sudden Infant Death**

Dr Angela Moore,
Consultant Paediatrician, Royal Wolverhampton NHS Trust

10.40 - 11.10 **Morning break**

11.10 - 11.50 **Diagnosis and treatment of obstructive sleep apnoea**

Dr Neil Gibson,
Royal Hospital for Sick Children, Glasgow

11.50 - 12.30 **Sleep and circadian rhythm disturbance in adolescents**

Professor Derk-Jan Dijk,
Professor of Sleep and Physiology, University of Surrey

12.30 - 13.20 **Lunch break**

13.20 - 14.00 **Special considerations in the diagnosis and treatment of sleep disorders in children with an intellectual disability**

Professor Leopold M.G. Curfs,
Maastricht University Medical Centre, The Netherlands

14.00 - 14.40 **Treatment of sleep disturbance in autistic children**

Dr Luci Wiggs,
Reader in Psychology, Oxford Brookes University

14.40 - 15.00 **Afternoon break**

15.00 - 15.40 **Disturbed sleep in children with traumatic brain injury**

Professor Gregory Stores,
University of Oxford

15.40 - 16.20 **Update on uses of melatonin in children**

Professor Paul Gringras,
Evelina Children's Hospital within Guy's and St Thomas' NHS Foundation Trust

16.20 - 16.30 **Chairman's closing remarks**

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8th April 2014 , Crowne Plaza Birmingham City Centre



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Before the 31st Jan 2014 early bird rate	£245.00	<input type="checkbox"/>
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Before the 31st Jan 2014 early bird rate	£195.00	<input type="checkbox"/>

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- 12 Speakers agreed at time of print.

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Conference fee includes

Entrance to the conference, lunch & refreshments full conference documentation and certificate of accreditation.

Sponsorship opportunities

If you are interested in exhibiting or sponsoring this event contact: Mr Charlie Ioannou on 0207 617 7374 charlie@medineo.org

Venue: Crowne Plaza



Birmingham City Centre: Central Square, Birmingham, B1 1HH
Tel: 0121 224 5000,
Email: meetings@cpbhamcity.com,
Website: www.CPBhamCity.com

Crowne Plaza Birmingham City we also have 312 newly refurbished bedrooms, including 2 suites and 2 superb Club Bedroom floors complete with private Club Lounge with a dedicated host and media centre.

The hotel is 5 minutes' walk from New Street rail station, where direct trains link to Birmingham International Airport. Arena Central Car park beneath the hotel is chargeable

